

RULE OF TWO POLICY

1. Purpose

The Coaching Association of Canada's Rule of Two states that there will always be two screened and NCCP-trained or certified coaches with an athlete in situations where the athlete is potentially vulnerable. One-on-one interaction between a coach and an athlete, without another individual present, must be avoided in all circumstances except medical emergencies.

Van Isle Wave is committed to striving to reach this "Gold Standard"

2. Standard

The goal of the Rule of Two is to protect minor athletes in potentially vulnerable situations by ensuring that more than one adult is present. It ensures that all interactions and communications are open, observable, and justifiable in the presence of more than one adult.

Vulnerable situations may include, but are not limited to, closed doors meetings, travel, and training environments, amongst others. One-on-one interactions between a coach and a player, without another individual present, must be avoided in all circumstances.

3. The Van Isle Wave Rule of Two standard is as follows:

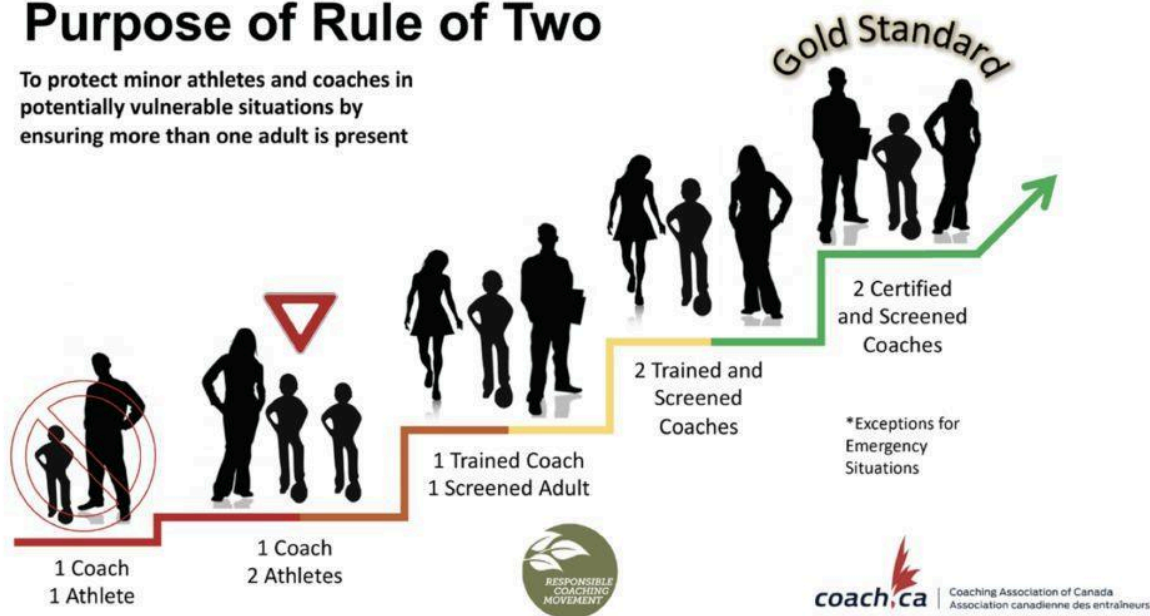
A youth athlete, when in a potentially vulnerable situation, must be in the presence of no less than two adults (**one being the same gender as the player**) who possess the following:

- Valid Criminal Record Check
- Recognized by the Club as a coach / manager for the current season.

If NCCP-trained or certified coaches are not available, screened volunteers (such as managers, support personnel, chaperones, and Directors of the club or organization) should be available instead. If screened volunteers are not available, parents of other athletes should be asked to temporarily substitute. If another adult is not available, there should always be more than one athlete with the coach (this is the lowest standard and is not recommended).

Purpose of Rule of Two

To protect minor athletes and coaches in potentially vulnerable situations by ensuring more than one adult is present



Additional Guidelines

[Applying the Rule of Two in a Virtual Setting](#)

4. Team Travel

Van Isle Wave strongly recommends the following guidelines be implemented during travel with athletes:

- Whether on the ferries or bus, there must always be two adults (a coach and a manager or two managers or two coaches, **one being the same gender as the player**) supervising the players.
- A Person in Authority may not be alone in a car with an athlete unless that individual is the athlete's parent or guardian.
- A Person in Authority must not share a room or be alone in a room with an athlete unless that individual is the athlete's parent or guardian.
- Room or bed checks during overnight stays must be completed by two Persons in Authority – one of which must be the same gender as the athletes.



5. Locker Room / Changing Room / Meeting Room Usage

Van Isle Wave recommends the following guidelines for locker room, changing room and meeting room usages:

- Interactions between a Person in Authority and an athlete should not occur in any room where there is a reasonable expectation of privacy such as the locker room, meeting room, washroom, or changing area. A second Person in Authority should be present for all necessary interactions in any such room.

6. Training/Competition Environment including before, during, and after practices and games

Van Isle Wave strongly recommends the following guidelines for training and competition environment:

- A Person in Authority should never be alone with an athlete prior to or following a game or practice unless that individual is the athlete's parent or guardian. If the athlete is the first athlete to arrive, the athlete's parent should remain alongside the athlete until another teammate or Person in Authority arrives. Similarly, if an athlete can potentially be alone with a Person in Authority following a game or practice, the Person in Authority should ask another Person in.

