

VI WAVE ANTI-DOPING/DRUG AND EDUCATION POLICY

<u>Definitions</u>

- → These terms will have these meanings in this policy:
 - "CCES" Canadian Centre for Ethics in Sport.
 - "Individual" All categories of membership defined in the Van Isle Wave Bylaws, as well as to all individuals engaged in activities with Flatwater Paddling Yukon, including, but not limited to, athletes, coaches, officials, volunteers, directors, officers, and team managers
 - "WADA" World Anti-Doping Agency.

Background and Position Statement

- → Van Isle Wave is unequivocally opposed, on ethical, medical, and legal grounds to the practice of doping in sport and fully supports the position of the International Olympic Committee, the Canadian Olympic Association, Sport Canada, the World Anti-Doping Agency, the Canadian Centre for Ethics in Sport, Canada Soccer, and BC Soccer against the use, possession and supply of banned substances and methods in sport.
- → Van Isle Wave will continue to promote this position and will encourage its provincial partners to work together in support of a drug-free environment.

Application

- → This Policy applies to all Members as defined in the Definitions section.
- → Van Isle Wave will respect any penalty enacted pursuant to a breach of the Canadian Anti-Doping Program, whether imposed by WADA, CCES, Canada Soccer, or other governing body.

Policy Statement

- → Van Isle Wave recognizes the role of the World Anti-Doping Agency (WADA) in setting global standards, coordinating anti-doping worldwide and implementing all portions of the World Anti-Doping Program.
- → The Canadian Anti-Doping Program is administered on behalf of WADA by the Canadian Centre for Ethics in Sport (CCES) and Van Isle Wave accepts and adopts the designated authority and policies of the CCES on all anti-doping matters.





- → For further clarity, Van Isle Wave has adopted and agrees to abide by the Canadian Anti-Doping Program as the anti-doping policy and regulations of Van Isle Wave, as administered by the CCES, and as it may be amended from time to time.
- → Van Isle Wave will comply with the Canadian Anti-Doping Program guidelines with respect to public announcements of positive test results.

VI Wave requires that all members of the club:

- → Abstain from the non-medical use of drugs or the use of performance enhancing drugs/supplements or methods and adhere to the requirement of the Canadian Anti-Doping Program;
- → Respect any penalty enacted pursuant to a breach of the Canadian Anti-Doping Program, whether imposed by Canada SOccer or any other sport organization
- → Refrain from associating with any person for the purpose of coaching, training, competition, instruction, administration, management, athletic development, or supervision of the sport, who has violated an anti-doping rule and is serving a sanction involving a period of ineligibility imposed pursuant to the Canadian Anti-Doping Program and/or the World Anti-Doping Code
- → Refrainfrom consuming alcohol in excess and/or the use of drugs that can impair performance or judgment while participating in BC Soccer and/or Canada Soccer programs, activities, competitions, or event
- → Refrain from consuming alcohol and using tobacco in situations where minors are present.

VI Wave recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

- Know your rights and responsibilities as an athlete with regarding anti-doping.
- Always comply with a testing request if you are notified for doping control.
- Check all medications and products before taking them to ensure they do not contain ingredients that are banned.
- Verify your medical exemption requirements.
- Do not take supplements, but if you do, take steps to minimize your risk.

Sanctions

- → ALL individuals and persons sanctioned by virtue of the Canadian Anti-Doping Program will be ineligible to participate in any role and in any competition or activity organized, convened, held, or sanctioned by Van Isle Wave.
- → Van Isle Wave may apply further sanctions or penalties in accordance with its Code of Conduct or its Discipline Policy.





Additional Resources

- → Canada Soccer's guide to anti-doping resources can be found in Section V of the Canada Soccer Guide to Safety.
- → For additional resources and more about anti-doping, please contact the CCES.
 - Email: info@cces.ca
 - ◆ Call toll–free: 1–800–672–7775
 - Online: <u>www.cces.ca/athletezone</u>.
- → Report doping via the Report Doping Hotline
 - ◆ Call toll-free: 1-800-710-CCES
 - Online: <u>www.cces.ca/reportdoping</u>.

Education Program for Players and Team Personnel

VI Wave recommends and strongly encourages all members to register and attend the Anti-Doping Education and Learning platform (ADEL). ADEL supports the anti-doping community by providing education solutions for athletes, their support personnel and other stakeholders.

The program can also be accessed through an app called Adel by WADA. Courses are available to complete offline as well.

Link: <u>https://adel.wada-ama.org/learn</u>